

YOU HAVE THE RIGHT TO A CARER'S ASSESSMENT

A carer's assessment is a chance to discuss your care role and find out about the advice, help and support available to you.

You can request a carer's assessment or reassessment by contacting the relevant team:

Cardiff: T: 02920 234234

W: Cardiff.gov.uk - search for 'carer's assessment'

Vale of Glamorgan: T: 01446 700111

E: CIV@valeofglamorgan.gov.uk

#showyoucare

