

YOU HAVE THE RIGHT TO A CARER'S ASSESSMENT

A carer's assessment is a chance to discuss your care role and find out about the advice, help and support available to you.

You can request a carer's assessment or reassessment by contacting the relevant team in Gwent:

MONMOUTHSHIRE

Abergavenny T: 01873 735885 Monmouth/Raglan/Usk/Trellech T: 01600 773041
Chepstow/Caldicot/Magor and Undy/Portskewett T: 01291 635666
Monmouthshire Carers Team T: 01633 644567 E: carers@monmouthshire.gov.uk

TORFAEN

T: 01495 762200 E: socialcarecalltorfaen@torfaen.gov.uk

NEWPORT

City Contact Centre T: 01633 656656 E: FirstContact.Adults@newport.gov.uk
Online Form: www.newport.gov.uk/en/Care-Support/Carers
Young Carers (under 25) Barnardo's T: 01633 251192 W: www.barnardos.org.uk

CAERPHILLY

Information, Advice and Assistance Service (IAA) 0808 100 2500
Carers support T: 07808 779367 E: carers@caerphilly.gov.uk

BLAENAU GWENT

Social Services T: 01495 315700 E: DutyTeamAdults@blaenau-gwent.gov.uk



#showyoucare